WHAT IS "HINDUISM"? Lesson 7







00/00/00	Yoga.

How do you Hindus try to achieve moksha?



3. Why is yoga source of debate in Hinduism?

2. How does yoga relate to moksha?

1. What is moksha?

Today's Destination & Journey Questions

The Yogas:



- Read the information sheet: what types of moksha are there?
- Match the type of yoga to its correct meaning.
- List what each yoga involves in the example column.

Yoga	Meaning	Example
Astanga	The path of knowledge and understanding	
Bhakti	The path of reflection and meditation	
Jnana	The path of unselfish action	
Karma	The path of devotion to God	

The Yogas:



- Read the information sheet again.
- Identify at least 1 advantage for each type of yoga.
- Identify at least 1 disadvantage for each type of yoga.

Yoga	Advantage	Disadvantage
Astanga		
Bhakti		
Jnana		
Karma		

Which "marg" should Hindus follow?





- Choose 1 type of yoga to argue for.
- Imagine you are a Hindu guru trying to attract devotees.
- Design a poster you could use in order to do so.
- Use images that sum-up what your path involves.
- Use slogans that specifies the advantages your path has over others*.
- *This may include drawing attention to the criticisms of other paths but be respectful.

Do Now:

Turn to the EPR Progress Ladder.

- Write the page number where the work is.
- Shade the box you have written in according to:
 - I mastered this skill
 - I demonstrated this skill frequently
 - I demonstrated this skill once
- The skill developed last time was:

1.4: Construct a persuasive and convincing argument.

The activity where you developed this skill was:

Task: designing a poster encourage Hindus to become a particular type of yogi.



Success Criteria:

- I mastered this skill
- Your reasoning includes a meaningful reference to moksha;
- Your reasoning respectfully critiques other yogis ideas;
- You needed no help from a classmate or the teacher.
- I demonstrated this skill frequently
- You give good reasons to support your chosen marg;
- You needed little assistance from a classmate or teacher.
- I demonstrated this skill once
- Your poster sums-up your chosen marg effectively.