

WHAT IS “HINDUISM”?

Lesson 10



00/00/00

Varnashrama Dharma.

Should your duty reflect your age and social position?

3. Why do some Hindus reject varnashrama dharma?

2. Why might it be difficult to fulfil these duties?

1. What duties are part of varnashrama dharma?

**Today's
Destination & Journey
Questions**

Varnashrama Dharma:

“Varna”

“Ashrama”

“Dharma”

A caste

A stage of life

Duty

4 castes in total

4 stages in total

Right Living

Brahmin
Kshatriya
Vaishya
Shudra

Brahmacharya
Grishastha
Vanaprastha
Sannyasi

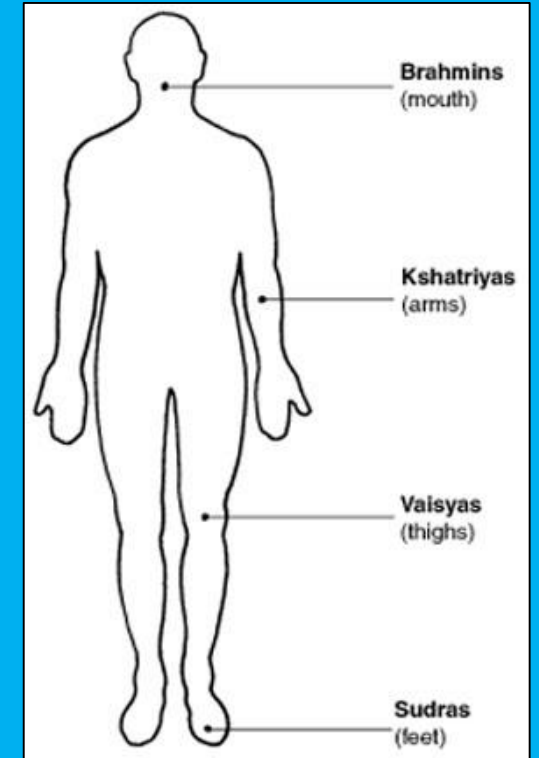
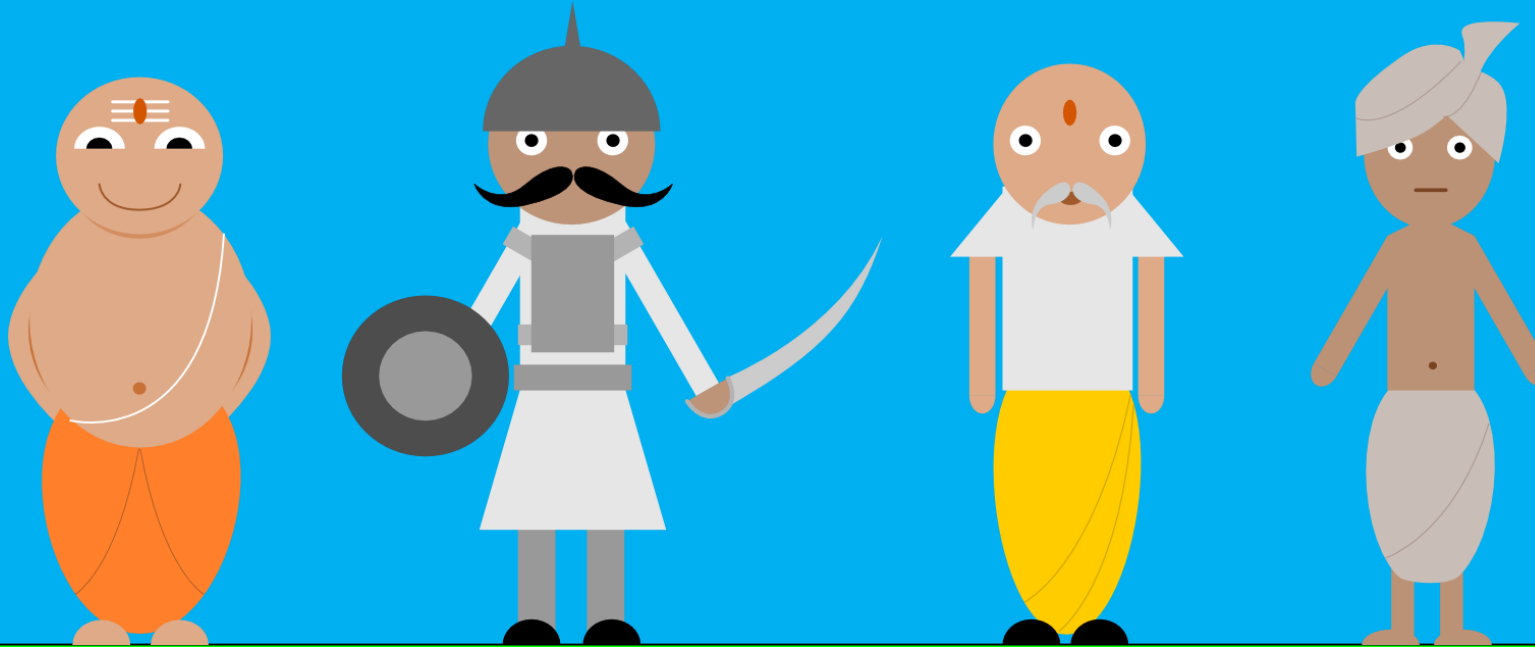


- Explain “varna-ashrama-dharma” as a mathematical calculation: $X + Y = Z$.

Your caste + your stage of life = your duty and the right way to live

Varna:

- Why might we think of society as a human body?



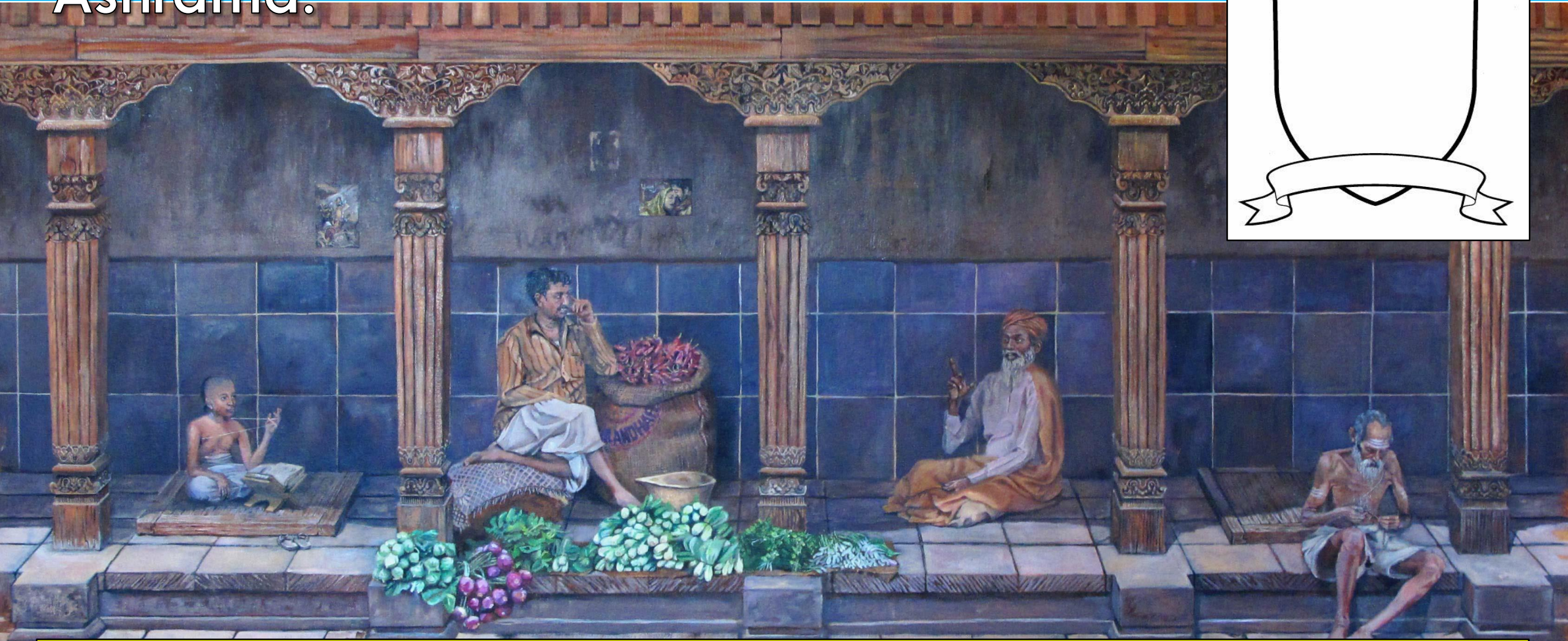
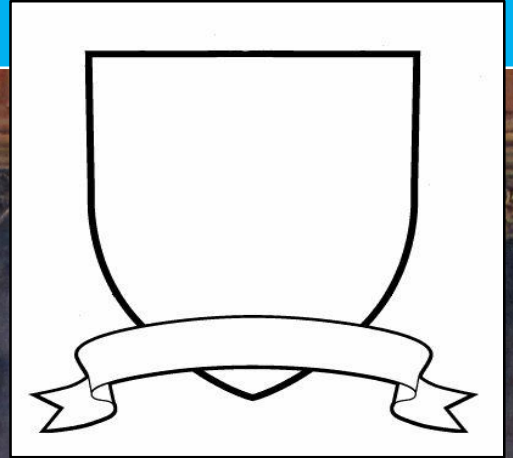
'According to the three gunas and the work associated with them, the four divisions of human society are created by me.'

The Bhagavad Gita: 4.13

- Self research: find what colours are associated with each varna.
- Shade the body outline accordingly.
- Explain why each varna is connected to each body section.



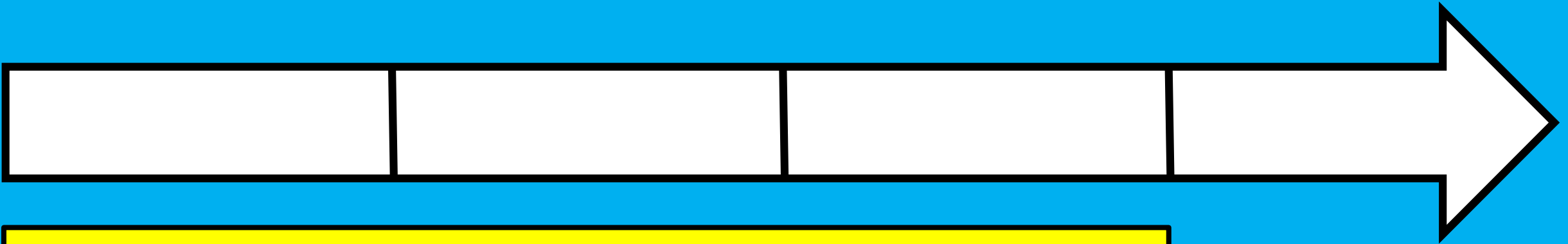
Ashrama:



- Read the information cards provided
- Use that information to design a coat of arms for each ashrama.
- Devise a motto to sum-up what each ashrama is about.

Draw an arrow like this in your book

Write the names of the ashramas in the arrow



Above: write the duties

Below: think of 2 challenges

Use the information sheets to help you.



Varnashrama Dharma – Critique:

Caste:

- Ashramas do not apply to dalits.
- Dalits are outside of the caste system.

Women:

- Ashramas do not apply to women.
- Women are believed to pass through 3 phases:
 - Child: protected by her father.
 - Spouse: protected by her husband.
 - Widow: protected by her eldest son.
- These phases are set out in the Laws of Manu.



- Why might some Hindus say varnashrama dharma encourages discrimination?
- What might some Hindus like about varnashrama dharma?

Do Now:



- Turn to the EPR Progress Ladder.
- Write the page number where the work is.
- Shade the box you have written in according to:
 - I mastered this skill ●
 - I demonstrated this skill frequently ●
 - I demonstrated this skill once ●
- The skill developed last time was:

2.4: Discuss the positive/negative role belief systems can have						
---	--	--	--	--	--	--

- The activity where you developed this skill was:

Task: identifying the challenges, strengths, and weaknesses of living in accordance with varnashrama dharma.
--

Success Criteria:



- I mastered this skill
 - You can outline why other Hindus support varnashrama dharma;
 - You can outline why some Hindus are critical of varnashrama dharma;
 - You needed no help from a classmate or the teacher.
- I demonstrated this skill frequently
 - You can explain why sexism and the persecution of Dalits might occur;
 - You needed little assistance from a classmate or teacher.
- I demonstrated this skill once
 - You can describe how sexism or the persecution of Dalits might occur.