

TERM 1

Date	Weekly Events	Year 7	Year 8	Year 9	Year 10	Year 11
11/09/2019	7A Road Safety (Tuesday)	<i>What are the differences between primary and secondary school? What ground rules do we need for tutor time and PSHE? How do you feel about being somewhere new?</i>	<i>What are the positives and negatives of being unique? Why do we post images online? Why do we look at images online?</i>	<i>What is resilience? How do I manage disappointment? Is there such a thing as failure? Where can I go if I am struggling to manage my feelings?</i>	<i>What have I achieved so far? What do I need to work on? How can I use exam feedback to improve?</i>	<i>Whose opinions do I value and why? What are my ambitions? How have others overcome difficulties to achieve great things?</i>
18/09/2019	7B Road Safety (Tuesday)	<i>What does an effective group look like? How can we make new friends? What do we do if our peers ask us to do something we are uncomfortable with?</i>	<i>What stereotypes are there in the media? How can I challenge these? How can I feel better about my body?</i>	<i>What makes a healthy diet? What does a good diet look like in the media? What is the difference between healthy eating and dieting?</i>	<i>How can I be more resilient? How can I respond to setbacks?</i>	<i>What causes stress? What are the effects of stress? How can I manage stress?</i>
25/09/2019	7C Road Safety (Tuesday) BUSHCRAFT	BUSHCRAFT	<i>What stereotypes are there in the media? How can I challenge these? How can I feel better about my body?</i>	<i>What are examples of unhealthy coping strategies? What are the symptoms of some unhealthy coping strategies?</i>	<i>How is KS3 different to KS4? How can I improve my study habits? How can I get the most out of year 10?</i>	<i>What causes stress? What are the effects of stress? How can I manage stress?</i>
02/10/2019	7D Road Safety (Tuesday) Multi-agency Days (Wed/Thu)	<i>How can we improve? What is a growth mindset? How can peer assessment improve our abilities?</i>	<i>How can I manage my emotions when things go wrong? What is growth mindset?</i>	<i>Why might someone develop unhealthy coping strategies? What alternative strategies could someone use?</i>	<i>What does mental health look like in the media? What assumptions does society have about mental health?</i>	<i>What are my SMART targets for the year? Work-life balance</i>
09/10/2019	7E Road Safety (Tuesday)	<i>How can we improve? What is a growth mindset? How can peer assessment improve our abilities?</i>	<i>Is there such a thing as failure? How can I learn from setbacks? How can I be more resilient?</i>	<i>How can I support a friend if they are thinking of using unhealthy coping strategies?</i>	<i>What is stigma? How can I challenge mental health stigmas? Why should we talk about mental health?</i>	<i>How can I start my revision?</i>
16/10/2019	7F Road Safety (Tuesday)	<i>How can we improve our sleep? How can we improve our diet? How can we improve our fitness? Why should we do these things?</i>	<i>Is blame helpful? How can I support others? When should I ask for help?</i>	<i>What makes a healthy lifestyle? How can I balance my hobbies, exercise and school commitments? How can I improve the quality of my sleep?</i>	<i>How can my choices affect my mental health? How common are different mental illnesses?</i>	<i>Revision techniques and mind mapping</i>
23/10/2019	HALF TERM	HALF TERM				

TERM 2

Date	Weekly Events	Year 7	Year 8	Year 9	Year 10	Year 11
30/10/2019	7G Road Safety (Tuesday)	What is resilience? How can I say no?	What are the most common threats to my safety inside and outside of home? What can increase risk to my safety?	What makes a situation risky? How can I judge the level of risk in different situations?	How can my choices affect my mental health? How common are different mental illnesses?	How can we improve our sleep? How can we improve our diet? How can we improve our fitness? Why should we do these things?
06/11/2019	7H Road Safety (Tuesday)	How will puberty affect my body? How may puberty affect my emotions? How may puberty affect my personal hygiene? Why is personal hygiene important?	How can alcohol affect me? How can tobacco affect me? What is the law about alcohol and tobacco?	Why are we more willing to take risks with our friends? How can we get out of risky situations?	How can I recognise different mental health issues?	Uni of Sheffield Subject Matters
13/11/2019		How will puberty affect my body? How may puberty affect my emotions? How may puberty affect my personal hygiene? Why is personal hygiene important?	How can I say no to alcohol if I don't want to drink? How can I say no to tobacco? What is coercion?	What makes a good friendship? How can we recognise and challenge bullying?	How can I recognise different mental health issues?	Year 11 Mocks
20/11/2019		How will puberty affect my body? How may puberty affect my emotions? How may puberty affect my personal hygiene? Why is personal hygiene important?	When should I dial 999? What are the consequences of misusing 999? Who is the most important person's safety in any given situation? How can I tell what first aid a person might need? How can I put someone in the recovery position? How does someone perform CPR?	What makes a good friendship? How can we recognise and challenge bullying?	How are students with mental health issues supported? How can I help others and myself?	Year 11 Mocks
27/11/2019	Year 9 PSHE Talks (Friday, TBC)	What are my rights regarding my body? What is FGM? How can I get help if my rights may have been ignored?		What does it mean to be assertive? How are online and offline risks different/similar?	How are students with mental health issues supported? How can I help others and myself?	Mock Exams Review
04/12/2019	Year 8 PSHE Talks (Wed TBC)	What are my rights regarding my body? What is FGM? How can I get help if my rights may have been ignored?		What does it mean to be assertive? How are online and offline risks different/similar?	Why do people get into debt? What is a payday loan? How does the media and advertising persuade people to take out payday loans and what are their risks?	
11/12/2019		What are my rights regarding my body? What is FGM? How can I get help if my rights may have been ignored?		When is it important to stand up for your values? How can I influence my peers?	What is a credit rating? What are the emotional consequences of debt? Where can someone find support to deal with debt/money?	
18/12/2019		How should I take responsibility for my health?		What is group think? What is peer pressure? How can peer pressure be a good thing?	What is gambling? How do gambling websites attract customers?	
25/12/2019	CHRISTMAS					
01/01/2020						

TERM 3

Date	Weekly Events	Year 7	Year 8	Year 9	Year 10	Year 11
08/01/2020	Year 13 Mocks	<i>What makes someone who they are? What rights does everyone share? How can you safely challenge behaviour that ignores others' rights?</i>	<i>What common values do we all share? Why might people in our communities have some slightly different values? What is discrimination/racism/religious intolerance?</i>	<i>What is the process for making GCSE Option Choices? What should and should not influence my decisions? Where can I get more advice?</i>	<i>Employment Rights and Responsibilities</i>	<i>Why is it important to have boundaries in a relationship? How can someone communicate their boundaries, wants and needs? How can we manage positive and negative feedback from a partner?</i>
15/01/2020	Year 13 Mocks	<i>What are stereotypes? What an people do if they feel they are being discriminated against? How can we protect and promote equality?</i>	<i>Why might some people be intolerant towards others? What are the impacts of racism on people and communities?</i>	<i>How do GCSE options affect future choices in education and work?</i>	<i>What myths are there about different genders attitudes to relationships and sex? How does pornography contribute to expectations and myths about sex?</i>	<i>What forms of unwanted attention might someone experience? How could this make them feel? How might someone deal with unwanted attention?</i>
22/01/2020	Year 10 Setting Exams	<i>What is bullying? What is a bystander, and what responsibilities do they have? What can someone do if they have witnessed bullying?</i>	<i>What can people do if they feel their rights are not being respected? How should a person safely challenge behaviour which ignores others' rights?</i>	<i>Why does everyone need alternative options/back up plans?</i>	<i>How might myths and assumptions add pressure to young people's relationships? How might they lead to misunderstandings? Why are images presented in pornography often extreme or fantastical?</i>	<i>What is harassment and how does it differ online and offline? How should someone respond to harassment? What are the emotional and legal consequences of harassment?</i>
29/01/2020	Year 8 HPV Vaccine (Mon)	<i>What is bullying? What is a bystander, and what responsibilities do they have? What can someone do if they have witnessed bullying?</i>	<i>How are migration debates in the media often misrepresented? Why do people sometimes act differently as part of a group?</i>	<i>What are your strengths? What skills do you still need to develop? What skills are employers looking for?</i>	<i>What dose it mean to be asexual? How can people communicate what they want/need in a relationship respectfully yet assertively? How do relationships evolve over time?</i>	<i>What are the warning signs that someone is experiencing abuse in their relationship? What are the effects of emotional or physical abuse?</i>
05/02/2020		<i>What are the benefits and risks of social media? What is cyberbullying? How can you reduce this risk of experiencing online abuse?</i>	<i>How can people challenge others views respectfully? Where is the line between constructive debate and intolerance?</i>	<i>What does a career involve? What jobs currently appeal to you? What could you do now to help you prepare for your career in the future?</i>	<i>Whose responsibility is it to seek consent? When can a person not give consent? Why is it never acceptable to assume consent?</i>	<i>What is forced marriage? Why is it our duty to help someone we think is at risk? Where could someone go for help for themselves or others, and what is likely to happen?</i>
12/02/2020		<i>What different types of relationships are there? What qualities make a relationship successful?</i>	<i>What rights do people have which protect them from prejudice? How are these enforced? What can a person do if others have unsafe expectations of them? What can you do if you see something online which worries them?</i>		<i>What is victim blaming and why does it happen? What is coercion/exploitation? What support is there for people in unhealthy relationships?</i>	<i>What is honour based violence? What do you do if concerned about a friend? What do you do if a friend asks them not to tell anybody</i>
19/02/2020	HALF TERM					

TERM 4

Date	Weekly Events	Year 7	Year 8	Year 9	Year 10	Year 11
26/02/2020	BV Values Assemblies. Amy Winehouse Resilience (Year 8/9 Mon TBC)	<i>What are the key differences between real-life relationships and those in the media? How does media stereotyping impact relationships? How does social media affect relationships?</i>	<i>Why might a person be prepared to pay more for a product when there is a cheaper option available? What is Fair Trade/Organic/Sweatshops</i>	<i>What might cause conflict between young people and parents? Why do parents impose rules and boundaries on teenagers? How can you reduce, minimise or manage conflict at home?</i>	<i>How can people repair a relationship when things go wrong? How does a person know when a relationship should be ended? How can someone break up with their partner in a respectful way?</i>	<i>How to I conduct a self examination? When should I self-examine? How regularly should I self-examine</i>
04/03/2020	Year 7 BV assembly. (Tues) SRD (Friday)	<i>Review bullying, rights and responsibilities</i>	<i>How do advertisers try to affect our purchasing choices? What are your legal rights?</i>	<i>Why might young people consider running away from home? What else could someone do? What are the risks and possible consequences? Where can you get help?</i>	<i>What can we do to manage our emotions after a break up? What might someone do if they feel hurt or angry after a break up? What responses are never acceptable after a break up?</i>	<i>What should someone do if they are concerned about something they discover during a self-examination? Why might they be reluctant to do this? What is screening?</i>
11/03/2020		<i>What is the difference between a want and a need? How does worth differ from cost? What does it mean to be an ethical and sustainable consumer?</i>	<i>What types of risks are associated with financial decisions? What should you consider when deciding on a bank/mobile phone contract/credit?</i>	<i>What makes someone who they are? What are protected characteristics? What is the difference between gender identity, gender expression and sex assigned at birth?</i>	<i>What impression does the media give of alcohol and drug use amongst young people? Why might this representation be unrealistic, misleading or inaccurate? What messages have campaigners used to combat alcohol and drug use?</i>	
18/03/2020		<i>What is a budget? Why is budgeting important? How can you increase your income?</i>	<i>What types of risks are associated with financial decisions? What should you consider when deciding on a bank/mobile phone contract/credit?</i>	<i>What is transphobia? What is gender inequality?</i>	<i>How are different drugs taken? Why are how are these different methods dangerous? Why is the risk of HIV, Hep B and Hep C higher among drug users? What are the consequences of drug use for the individual and society?</i>	
25/03/2020		<i>What is a budget? Why is budgeting important? How can you increase your income?</i>	<i>What should you expect in a positive, healthy relationship? Why might a person want/not want a partner?</i>	<i>What is homophobia and biphobia? What effect does homophobic and biphobic language have on individuals and society? How can we challenge this discrimination?</i>	<i>Where and when are young people most likely to try drugs? What effect does a stimulant/depressant/hallucinogen/dissociative/opiod have on the brain? Why might someone under the influence of drugs do things they wouldn't normally do?</i>	
01/04/2020		<i>What is a budget? Why is budgeting important? How can you increase your income?</i>	<i>What things might some people find difficult when developing new relationships? How might culture affect the development of relationships? Where can a person get guidance/information regarding sexual development/activity?</i>	<i>How do we support a friend who is, or thinks they might be, LGBT?</i>	<i>Where and when are young people most likely to try drugs? What effect does a stimulant/depressant/hallucinogen/dissociative/opiod have on the brain? Why might someone under the influence of drugs do things they wouldn't normally do?</i>	
08/04/2020	EASTER					
15/04/2020						

TERM 5

Date	Weekly Events	Year 7	Year 8	Year 9	Year 10	Year 11
22/04/2020		<i>What common values do people share and consider important? What do you value most in yourself and others? What makes a good friend? Why are friends important?</i>	<i>What are the benefits, risks and consequences of different levels of intimacy? What level of intimacy do you think is appropriate at different stages? How does age affect this?</i>	<i>How many young people do you think have tried/regularly use drugs? Why might young people lie/brag/exaggerate about their experience with drugs? How can you say no without losing face?</i>	<i>How are families structured differently? What are the challenges in being a single father/single mother? What are the challenges in being same sex parents?</i>	
29/04/2020	Halls close for Exams	<i>What common values do people share and consider important? What do you value most in yourself and others? What makes a good friend? Why are friends important?</i>	<i>What is consent? What is the law on consent? What pressures might there be on a young person to have sex before they are ready?</i>	<i>What different drugs are there? How can they be recognised? Why can it be difficult to know what a drug is made from? What additional risks does this pose?</i>	<i>Why do people choose to become parents? What sacrifices do people make when they become a parent? How does age affect this? Is marriage important to starting a family?</i>	
06/05/2020	KS3 EXAMS Bank holiday on Friday	<i>What might a healthy or unhealthy relationship look like? How can a person show they care about or love someone? What are the consequences of different levels of intimacy?</i>	<i>What is the pill? How does the pill prevent pregnancy? What can prevent the pill from working? What can the pill not do?</i>	<i>What classifications exist for drugs? What are the legal consequences for underage drinking and taking/selling drugs?</i>	<i>What are adoption and fostering? Why might people choose to adopt/foster? Why might some children need to be adopted/fostered?</i>	
13/05/2020	KS3 EXAMS	<i>What might a healthy or unhealthy relationship look like? How can a person show they care about or love someone? What are the consequences of different levels of intimacy?</i>	<i>What are condoms? What are STIs (brief) How is a condom used? What if your partner doesn't want to use a condom? What can prevent condoms from working?</i>	<i>Why do young people try illicit substances? What are the potential health risks of drinking alcohol or taking drugs?</i>	<i>What are the options when it comes to an unwanted pregnancy? Why must decisions be made quickly? Where and how can you seek impartial support and advice? What is the law on abortion?</i>	STUDY LEAVE
20/05/2020		<i>What might a healthy or unhealthy relationship look like? How can a person show they care about or love someone? What are the consequences of different levels of intimacy?</i>	Sex Q&A	<i>In what situations are young people more likely to try drugs or alcohol? How do these substances affect decision-making ability? Why might this make you more vulnerable?</i>	<i>What does it mean to have an abortion? What feelings and physical changes might someone experience? Why do people have different ethical views about abortion?</i>	
27/05/2020	HALF TERM					

TERM 6

Date	Weekly Events	Year 7	Year 8	Year 9	Year 10	Year 11
03/06/2020	YEAR 8 SPANISH	<i>What are the risks of different drugs? Why do people take different drugs?</i>	<i>What are the risks and benefits of internet use? What are the regulations for using different social networking sites? What is and is not appropriate online behaviour?</i>	<i>How does someone/a couple know when they are ready to start a sexual relationship? What are the benefits/reasons to delay sex? What are the pressures involved in starting a sexual relationship for girls and boys?</i>	<i>Why do family relationships change? How might someone feel if their parents were going through a divorce/separation? How might someone feel if someone they care about dies? What services are available to support such individuals?</i>	STUDY LEAVE
10/06/2020	YEAR 8 SPANISH	<i>What does the law say about alcohol and tobacco?</i>	<i>How can you reduce the risks associated with social networking? What are the impacts of social media on people's actions? When do you need to check with someone else before sharing something online?</i>	<i>What is consent? How do you know if a partner has consented? When can a partner not consent? What could you say/do if you don't want to give consent?</i>	<i>Higher Education and Apprenticeships</i>	
17/06/2020	YEAR 8 SPANISH	<i>Why are fewer people smoking, drinking and taking drugs?</i>	<i>Does something's online popularity mean it is valuable? What should you do if you see something online which worries you? What is a digital footprint? What are the consequences of your digital footprint?</i>	<i>What is consent? How do you know if a partner has consented? When can a partner not consent? What could you say/do if you don't want to give consent?</i>	<i>CVs</i>	
24/06/2020	YEAR 8 SPANISH	<i>Why are fewer people smoking, drinking and taking drugs?</i>	<i>What myths are sometimes attached to mental ill health? How can social media impact on emotional wellbeing? Why must we remember that an online profile is a filtered version of life?</i>	<i>What are the risks of unprotected sex? How might you feel after unprotected sex? What is emergency contraception? What support is available for unplanned pregnancy?</i>	<i>CVs</i>	
01/07/2020		<i>What different job sectors exist in the UK? What kinds of jobs are in each sector? What skills, abilities and qualities suit different sectors? (CAREER FAMILY TREE)</i>	<i>How can you raise your self esteem? How can a person support their own mental health?</i>	<i>What are the risks of unprotected sex? How might you feel after unprotected sex? What is emergency contraception? What support is available for unplanned pregnancy?</i>	<i>Writing a Ten Year Plan</i>	
08/07/2020		<i>What rights do all people have in the workplace? How an stereotypes sometimes undermine these rights? What can we do to prevent this?</i>	<i>How can you raise your self esteem? How can a person support their own mental health?</i>	<i>How can you stay safe online? What information is suitable for others to see? What are the risks of starting relationships online? What are explicit images?</i>	<i>Writing a Ten Year Plan</i>	
15/07/2020	SPORTS DAY	<i>What have your strengths been this year? What jobs interest you? What do you need to work on to succeed in this job?</i>		<i>What is pornography? How accurate is it? How is consent misrepresented in pornography? How might ideas about relationships and sex be misleading in pornography</i>		
SUMMER HOLIDAYS						