

Bullying Behaviour is:

REPEATED, NEGATIVE BEHAVIOUR THAT IS INTENDED TO MAKE OTHERS FEEL UPSET, UNCOMFORTABLE OR UNSAFE.

IT IS NEVER ACCEPTED.



TYPES OF BULLYING BEHAVIOUR



It can be **Verbal** (unkind words), **Indirect** (behind someone's back or online), or **Physical**.

RESPECT

In our School we are **respectful** and **tolerant** of each other's differences.



Bullying behaviour that targets someone for a protected characteristic linked to their identity is **discriminatory** and is **never tolerated**.

BANTER VS BULLYING

Banter is the playful and friendly exchange of teasing remarks.

The person on the receiving end should be in on the joke.

If you aren't someone's close friend, it isn't banter, it's bullying behaviour.



Make sure someone is in on the joke, if you're not sure, STOP.

BE AN UPSTANDER

If you see bullying behaviour happening in School, stand up for the person or report it using the steps below.

NEED HELP?

Need someone to talk to and don't want to talk to someone in School?

The Diana Award Crisis Messenger offers free, 24/7 text support. Text DA to 85258.



WHAT TO DO AND HOW TO REPORT

If you experience or see bullying behaviour:

1. Tell a trusted adult at home or at School
2. Speak to a member of the Pastoral Team
3. Report via our 'Speak Out' form by scanning the QR code on the poster. The link

is also on our website. You can report for yourself or on behalf of someone else.

