

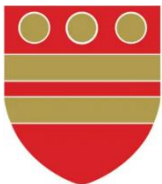
PSHE Overview Years 7 & 8

Term 1

| | Year 7 | | Year 8 | |
|---------|------------------------------------|------------------------------------|------------------------------------|------------------------------------|
| Theme | RSE | RSE | HEALTH & WELLBEING | HEALTH & WELLBEING |
| Unit | Friends, Respect and Relationships | Friends, Respect and Relationships | Physical Health & Mental Wellbeing | Physical Health & Mental Wellbeing |
| Session | Tutor Time | Hourly Session | Tutor Time | Hourly Session |
| 1 | What Makes a Good Friend? | Consent & Boundaries | Types of Bullying | Health & Wellbeing |
| 2 | What Makes a Good Friend? | Consent & Boundaries | Types of Bullying | Health & Wellbeing |
| 3 | Friendships & Online Relationships | Respect & Relationships | What is Mental Health? | Healthy Eating & Cholesterol |
| 4 | Friendships & Online Relationships | Respect & Relationships | What is Mental Health | Healthy Eating & Cholesterol |
| 5 | Being Positive | Pressure, Influence & Friendships | Stress Management | Positive Body Image |
| 6 | Being Positive | Pressure, Influence & Friendships | Stress Management | Positive Body Image |

Spiral Thematic Approach

1. Rights, Responsibilities & British Values
2. Celebrating Diversity & Equality
3. Relationships and Sex Education
4. Staying Safe Online and Offline
5. Health and Wellbeing
6. Life Beyond School



Term 2

| | Year 7 | | Year 8 | |
|---------|--|--|--|--|
| Theme | RIGHTS, RESPONSIBILITIES & BRITISH VALUES | RIGHTS, RESPONSIBILITIES & BRITISH VALUES | RIGHTS, RESPONSIBILITIES & BRITISH VALUES | RIGHTS, RESPONSIBILITIES & BRITISH VALUES |
| Unit | Politics & Parliament | Politics & Parliament | Law, Crime & Society | Law, Crime & Society |
| Session | Tutor Time | Hourly Session | Tutor Time | Hourly Session |
| 1 | Why is Politics important? | The Monarchy | Criminals, Laws & Society | Desert Island: Living |
| 2 | Why is Politics important? | The Monarchy | Criminals, Laws & Society | Desert Island: Living |
| 3 | How is our country run? | Political Debates & Parliament | How are laws made? | Desert Island: Building Communities |
| 4 | How is our country run? | Political Debates & Parliament | How are laws made? | Desert Island: Building Communities |
| 5 | The role of the Prime Minister | Elections & Campaigning | Prison, Reform and Punishment | Desert Island: Making Decisions |
| 6 | The role of the Prime Minister | Elections & Campaigning | Prison, Reform and Punishment | Desert Island: Making Decisions |

Spiral Thematic Approach

1. Rights, Responsibilities & British Values
2. Celebrating Diversity & Equality
3. Relationships and Sex Education
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