

## PSHE Overview Years 9, 10 & 11 Term 1

	Year 9	Year 10	Year 11
Theme	STAYING SAFE ONLINE & OFFLINE	HEALTH & WELLBEING	HEALTH & WELLBEING
Unit	Legal & Illegal Drugs	Mental Health & Wellbeing	Mental Health & Wellbeing
Session	Tutor Time	Tutor Time	Tutor Time
1	What is a drug?	Screen time	Screen addiction & studying
2	What is a drug?	Screen time	Screen addiction & studying
3	Different substance addictions	Mental health illness	Exam stress & anxiety
4	Different substance addictions	Mental health illness	Exam stress & anxiety
5	Drug classification	Self-harm	Social media vs real life
6	Drug classification	Self-harm	Social media vs real life

## **Spiral Thematic Approach**

- 1. Rights, Responsibilities & British Values
- 2. Celebrating Diversity & Equality
- 3. Relationships and Sex Education
- 4. Staying Safe Online and Offline
- 5. Health and Wellbeing
- 6. Life Beyond School



## Term 2

	Year 9	Year 10	Year 11
Theme	LIFE BEYOND SCHOOL	RIGHTS, RESPONSIBILITIES & BRITISH VALUES	LIFE BEYOND SCHOOL
Unit	Labour Market Information & Option Choices	Exploring British Values	Post-16 Options
Session	Tutor Time	Hourly Session	Tutor Time
1	Thinking about a Range of Jobs	Critical Thinking & Fake News	(Mock Examinations)
2	Labour Market Information	Critical Thinking & Fake News	(Mock Examinations)
3	Researching Jobs	Hate Crime in the UK	(Mock Examinations)
4	Awareness of pathways and apprenticeships	Hate Crime in the UK	Preparing for Individual Careers Meetings
5	Career Planning, Recruitment & Selection	British Values & Identity	Subject Choices at A-level
6	Thinking about GCSE Options	Mutual Respect & Tolerance	Post-16 Options

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